

Discover Your
PURPOSE



MODULE II
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DISCOVER YOUR PURPOSE

MENTORSHIP WITH SUPRABHAT

Speiro Ministries

Manual and Workbook



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Mentorship with Suprabhat
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Dear Mentee,

One of our needs as individuals in order to have a meaningful life is to know and fulfil our life purpose, to know why we are on this earth. Everyone of us was born with a God-given purpose already embedded in us – it is not something we have to create for ourselves. But we do have to discover it, then set out to intentionally fulfil it.



When we fulfil our purpose, we are also fulfilling God's will for our life.

“For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand so that we would walk in them.” – Ephesians 2:10

In this course, you will receive tools to help you discover your purpose. Once you come to a clearer understanding of what exactly your purpose encompasses, you will be well-equipped to write an expanded “purpose statement.” Write it. Ponder on it. Then make a way to intentionally fulfil it in your everyday life.

Are you ready? Let's begin! I am cheering for you.

Your Mentor
Suprabhat



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SESSION I : INTRODUCTION WHAT IS PURPOSE?

“Why Am I here on Earth now?”

The two most important days in your life are the day you're born and the day you discover why.” – Mark Twain

Or

The two most important days in your life are the day you are born-again and the day you discover why.

You have a purpose. In this module, I would help you discover your purpose – your WHY.

God created everything and everyone with purpose. Everything on earth has a purpose.

Jesus had a purpose.

1 John 3:8b For this purpose the Son of God was manifested, that He might destroy the works of the devil.

To reconcile us back to the Father.

2 Corinthians 5:18 Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation,

Colossians 1:20 and by Him to reconcile all things to Himself, by Him, whether things on earth or things in heaven, having made peace through the blood of His cross.

God does not create anything without a purpose. He is the creator.

If you need to know your purpose, you need to ask God.

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WHAT IS PURPOSE?

Your purpose is not what you do but flows from who you are.

Why you do what you do?

Your job is not your purpose. It is what you do. It is just an assignment.

Your hobbies are not your purpose. That is what you like to do.

Your passion is not your purpose. Passion keeps you going.

If the desire is from God, if the passion is from God, the author, it will fuel your purpose.

God has already put all that you need to fulfil your purpose in you. You are fully capable in Christ to do what you have been created to do.

God not only gives you purpose, He desires to see it fulfilled in you.

Psalm 20:4 May He grant you according to your heart's desire, And fulfill all your purpose.

Ephesians 1 **who we are and what we are living for**

³Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ, ⁴just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love, ⁵having predestined us to adoption as sons by Jesus Christ to Himself, according to the good pleasure of His will, ⁶to the praise of the glory of His grace, by which He made us accepted in the Beloved.

⁷In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace ⁸which He made to abound toward us in all wisdom and prudence, ⁹having made known to us the mystery of His will, according to His good pleasure which He purposed in Himself, ¹⁰that in the dispensation of the fullness of the times He might gather together in one all things in Christ, both which are in heaven and which are on earth—in Him. ¹¹In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things according to the counsel of His will, ¹²that we who first trusted in Christ should be to the praise of His glory.

You were created with an intended purpose and when you move forward into understanding that purpose, you will be fulfilled, happy, satisfied and content.



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Colossians 1:16 For by Him all things were created that are in heaven and that are on earth, visible and invisible, whether thrones or dominions or principalities or powers. All things were created through Him and for Him.

By Christ, through Christ, and for Christ

The paraphrase of this according to The Message

Colossians 1:15-16 The Message (MSG)

We look at this Son and see the God who cannot be seen. We look at this Son and see God's original purpose in everything created. For everything, absolutely everything, above and below, visible and invisible, rank after rank after rank of angels—everything got started in him and finds its purpose in him.

Every believer in Christ has overarching purposes.

1. He has created you to Worship Him

You were with Him before the creation, worshipping Him in spirit, you will be with Him for eternity, in spirit, worshipping Him. Through Christ, because of the finished work of the cross, the torn veil, you now have access to His presence to worship the Father in spirit, for He is looking for those who will worship Him in spirit.

2. He has created you for His pleasure.

Psalms 149:4 For the Lord takes pleasure in His people; He will beautify the humble with salvation.

Revelation 4:11b New Living Translation (NLT) For you created all things, and they exist because you created what you pleased."

God gets pleasure to just love you.

He wants you to be you. He said, Adam, become Adam.

God wants you to become what He has created you to be. You are unique.

Don't try to become someone else.

Your talents are unique. Your personality is unique. Your fingerprints are unique. Your face profile, your eye print of retina, all is unique. Your heartbeat is unique. Your voiceprint is unique.

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God exceeds in diversity and variety. He never copies, never clones.

Hosea 6:6 Living Bible (TLB) "I don't want your sacrifices—I want your love; I don't want your offerings—I want you to know me.

You are the focus of His love.

He wants to love you and you to love Him back.

Christ said, I love you. *In John 15:9 "As the Father loved Me, I also have loved you; abide in My love.*

3. To become like Christ

Christ is the model for our spiritual growth.

Your spiritual growth is on the revelation of Christ and your intimacy with Him.

Why does He want you to be like Jesus?

To shape your character.

Philippians 2:5 New Century Version (NCV) In your lives you must think and act like Christ Jesus.

What is Jesus like?

Galatians 5:22-23 He is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.

How does Holy Spirit make us like Jesus?

As we Know Him, Worship Him, Love Him, Fellowship with Him.

2 Corinthians 3:18 But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord.

God created you to worship Him.

God planned you for His pleasure. To know Him, receive His love and love Him back.

God adopted you in His family.

God created you to become like Christ.

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God shaped you to serve Him by loving His people and serving them. He created you unique.

Psalm 139:13 For You formed my inward parts; You covered me in my mother's womb.

He shaped your

Spiritual gifts: prayer, intercession, healing, deliverance, pastoral care, teaching, apostolic, prophetic, evangelical, counseling, serving.

Heartbeat: You like something, dislike something. Some things interest you, some bore you. Some gives you more fulfillment than other things.

Abilities: Some like music. Some are good at math. Some don't like numbers. Some are good with words. You may be good with planning. You may be good with people. Some are creative. Some are good at mechanics.

Personality: Some like routine, some like variety. Some are morning people, some stay up late in the night. Some like to work in groups, some like to work on their own.

Experiences: Your experiences shape you. Emotional experiences, spiritual experiences, personal experiences. Good experiences and bad experiences, painful experiences. God does not cause pain but He can use them for your good, to shape you.

Then there is a specific purpose for why you are on earth in this specific time.

God made you for a mission.

John 17:18 As You sent Me into the world, I also have sent them into the world.

One translation says

In the same way that you gave me a mission in the world, I give them a mission in the world.

To make a unique contribution.

Proverbs 19:21 There are many plans in a man's heart, Nevertheless the Lord's counsel—that will stand.

Your plan or God's plan

People's plans are too small. "I want to be happy." "Me and my family" "I want to live a good life"

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Acts 10:35 The Message (MSG) It makes no difference who you are or where you're from—if you want God and are ready to do as he says, the door is open.

You must define your Why before you can begin with the What and the How.

Corporates use that. Those that communicate the 'why' instead of the 'what' and 'how' are often more successful. Those that position value and not product features, price, etc. are able to get better results. Example : Apple Inc., Cisco Systems.

The same is applicable for the social cause also. Example: Dr. Martin Luther King and his powerful message focusing on the 'why' and not 'what' and 'how'. His famous speech at the mall in Washington, D.C., "I Have a Dream," launched a multitude to fight for justice and equality. He didn't speak about what needed to change rather why he believed in the needed change. Dr. King did not preach "I Have a Plan" – he preached "I have a Dream." He preached the WHY, not the what or how. People bought in to the purpose.

I share the gospel with the lost. I preach. I love to teach the Word. I minister healing and deliverance and restoration. I counsel. I offer business consulting, leadership development and coaching.

But none of them are my purpose. They are my assignments.

I love driving. I love to go to lesser-known places. I love landscape and wildlife photography.

But none of them are my purpose. They are my hobbies, my likes.

You may also be having number of assignments.

Write the assignments that you currently have.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

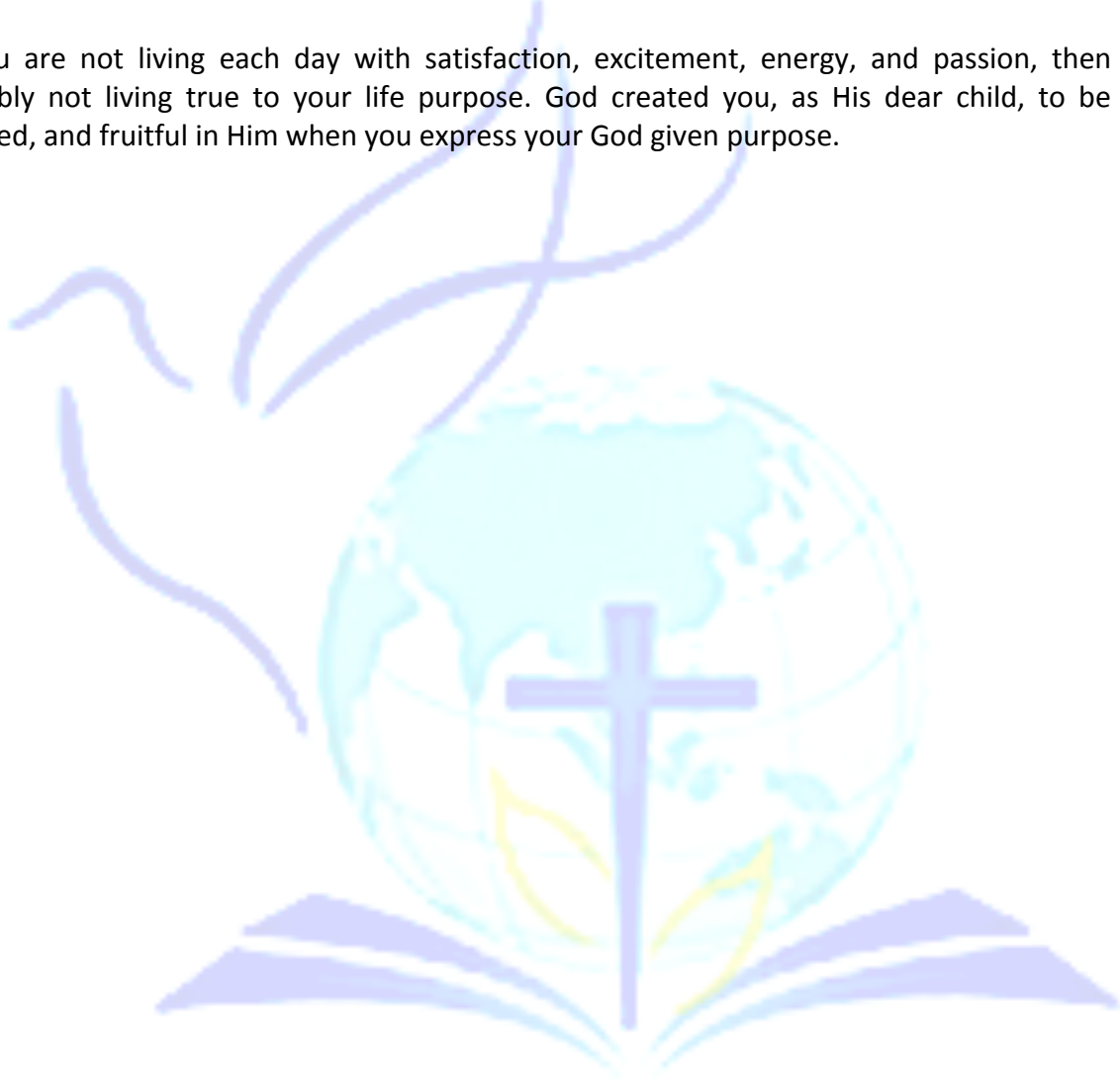
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If you want to know why you were created, you must begin with God, for you were created by His purpose and for His purpose. He uniquely and gloriously designed you with special abilities, gifts, and motivations that work together to express your God-given purpose.

Many will ask, “How will I know if I am fulfilling my purpose or not?”

If you are not living each day with satisfaction, excitement, energy, and passion, then you are possibly not living true to your life purpose. God created you, as His dear child, to be blessed, fulfilled, and fruitful in Him when you express your God given purpose.



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SESSION II WHY KNOW YOUR PURPOSE?

Why Is Knowing Your Why Important?

1. Understanding your WHY, your God-given purpose, is a starting point to fulfilling it.

If an individual just goes through life and hope they will ultimately fulfil their destined purpose, they will probably miss it and their life will seem fragmented. If you know your God-given purpose you can begin to move towards it.

2. It will help you implement investment into your life.

When you know your WHY, you can direct the investments you desire to make in your life in areas of education, skill development, meaningful relationships, finances, time, etc. You will be able to more easily discern what is important and what is not important in your activities, schedule, associations, etc. Knowing your God-given purpose will help you prioritise.

3. It will help you to live a focused life.

What you focus on, you empower. When you understand your God-given purpose, no longer will meaningless activities and schedules rule you – you will be directed by your purpose. You will be able to successfully make efficient goals because you will know what your end-desire is.

4. Knowing your purpose will fill you with powerful passion and energy.

When you are outside of your purpose, your energy will be drained, but when you are fulfilling your purpose you are fuelled with powerful passion and energy. You will be constantly motivated.

5. You will achieve success.

When you know your God-given purpose, success takes on a new definition. No longer will you compare yourself to the accomplishments or standards of others. When you are in your purpose, the force of God's amazing grace empowers you for success.

"It is never too late to be who you might have been." George Eliot

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GOD’S TRUE PURPOSE AND MAN’S IMPOSED PURPOSE

Your God-given purpose liberates you and brings true freedom and meaning to your life. It is what you were created for. It is how you are wired. You come alive within your spirit, as that beautiful purpose ignites fresh passion and empowers you every day of your life.

Imposed purpose drains. It is what others impose on you – is usually tied in with “assignments” rather than true purpose. It is assigned to you or conditioned in you by others.

For example, many think, that their purpose is to be financially successful. People often strive to accomplish financial success yet feel empty when they achieve it. God’s purpose when fulfilled will bring forth financial resource but His true purpose for you is much deeper and richer than any level or degree of imposed purpose.

Imposed purpose will sometimes offer you short-term satisfaction but eventually you will be left feeling unfulfilled. Imposed purpose is usually fear-based – driven by fear, ego, and obligation to live up to others’ expectations.

- Many times children have career or educational purpose imposed on them by their parents, counselors, or teachers. To get job opportunities, earning money, continuing a family business, becoming successful, achieving certain social statuses...any purpose you were assigned by others.
- Media sometimes influences choices and values on its viewers in various areas of life.
- Purpose is often imposed in your place of work, even in church. Your manager or your leader or your pastor, because they have a need, will push you towards an assignment. It may or may not be your purpose. It may be their purpose, not your.

Is there any imposed purpose in your life? Any assignment that you have accepted or doing out of obligation?

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SESSION III DISCOVER YOUR PURPOSE

KEYS TO HELP YOU DISCOVER YOUR PURPOSE

Prayer:

“Heavenly Father, everything you create has a purpose, including me. I don't want to miss my purpose or waste my life or live it disconnected from you anymore. Instead, I want to become what You designed me to be.

Starting today, I want to follow Your plan for my life. Not my plan. You made me for a relationship with You, so I want to get to know You and love You and trust You. Thank you for sending Jesus to pay for my sins and to adopt me into Your family for ever. I want to grow more like Jesus everyday and I want to use my life on earth to serve You by serving others. Holy Spirit, I invite You into my life now and give you the permission to lead me to discover my purpose that Jesus have so carefully authored. Help me Lord to fulfil my life mission. In Jesus' name. Amen!”

1. Holy Spirit is your guide to discovery.

It starts with God.

Jesus said, I give you another Helper. The Spirit of Truth, the world does not know Him, but you know Him, for He was with you and now in you. He will lead you and guide you in all truth. He will give you all that you need. He will reveal the will of God for your life.

Your Purpose involves manifesting the nature and attributes of God. You are made in the image and likeness of God and you were created to perform His works that are motivated by your purpose. Invite Holy Spirit to reveal your God-given purpose and with His guidance make a list of the nature and attributes of God. You will personally identify with the attributes in God that are most connected to your purpose. Put a check by the ones that you enjoy and identify with the most.

For example:

Love

Patient

Compassionate

Merciful

Righteous

Uncompromised

Gentle

Faithful

Truthful

Just

Loyal

Kind

Humble

Wise

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Mighty

Awesome

Powerful

Passionate

Eternal

Trustworthy

Creative

Bold

Inspiring

Persevering

Faith-filled

Other: _____

2. Your purpose is discovered by identifying your core passion.

What propels you? What drives you?

"If you can't figure out your purpose, figure out your passion. For your passion will lead you right in your purpose." Bishop T.D. Jakes

I will add, godly passion.

You may select or rate them on a scale of 1-10, 1 being the lowest. If there are more, which are related, you may group them together. Some of this may feed another.

Examples:

Inspiring

Justice

Creating

Mercy

Encouraging

Supporting

Warring for Breakthrough

Comforting

Proclaiming Truth

Caring

Freedom Fighting

Facilitating reconciliation

Communicating

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___ Loving

___ Innovating

___ Giving

___ Intercession

___ Serving

___ Facilitating transformation

___ Bringing Joy

Other:

3. Your purpose will be seen expressed through the things you are gifted or skilled in.

What are you good at that you enjoy (gifts, skills, talents)? Make a list of what you enjoy and are good at in the areas of gifts, skills, and talents and see if you can find clues for your purpose.

1. _____
2. _____
3. _____
4. _____
5. _____

You are motivated to get skilled because of your purpose.

You may have acquired some skills as the purpose demanded.

1. _____
2. _____
3. _____

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4. Your purpose will fulfil both you and others (not one or the other but “both/and”)

We were created to give. We serve God by serving others.

Ephesians 2:10 New Century Version (NCV) God has made us what we are. In Christ Jesus, God made us to do good works, which God planned in advance for us to live our lives doing.

He made you for good works.

Your ministry is anytime you use your gift, personality, abilities, and experiences, to help other people.

1 Peter 4:10 Living Bible (TLB) God has given each of you some special abilities; be sure to use them to help each other, passing on to others God’s many kinds of blessings.

Success is when I add value to myself; Significance is when I add value to other.” John Maxwell

What makes you feel happy for “you”?

1. _____
2. _____
3. _____
4. _____
5. _____

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What makes you feel happy when you serve/support others?

1. _____
2. _____
3. _____
4. _____
5. _____

Do you see any areas that match? This can give you a clue to discover your purpose.

1. _____
2. _____
3. _____

5. **Your WHY will be expressed through your core values and motivations.**

What core values and motivations can you not live without?

The most important thing in life is to decide what is most important.

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Read through the list and decide the values that are most important to you.



Accountability	Freedom	Originality
Adaptability	Friendship	Passion
Achievement	Fulfillment	Patience
Adventure	Fun	Peace
Affection	Generosity	Persistence
Authenticity	Grace	Perspective
Belonging	Growth	Play
Caring	Happiness	Power
Clarity	Hard work	Prestige
Cleanliness	Diligence	Planning
Cleverness	Harmony	Productivity
Collaboration	Helpfulness	Profitability
Commitment	Honesty	Prosperity
Community	Honour	Quality
Compassion	Hope	Recognition
Competitiveness	Hospitality	Relationships
Control	Humour	Resourcefulness
Cooperation	Independence	Respect
Courtesy	Influence	Responsibility
Creativity	Initiative	Responsiveness
Curiosity	Innovation	Security
Dependability	Integrity	Service
Disciplines	Intelligence	Simplicity
Duty	Interdependence	Sincerity
Efficiency	Involvement	Significance
Empathy	Joy	Solitude
Endurance	Justice	Success

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Equality

Excellence

Excitement

Expressiveness

Fairness

Flexibility

Learning

Love

Loyalty

Obedience

Openness

Order

Synergy

Teamwork

Timeliness

Tradition

Trust

Wisdom

My Top Five Values Are

- 1.
- 2.
- 3.
- 4.
- 5.



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SESSION IV YOUR PURPOSE STATEMENT

Identify your assignments and calling. There can be many callings. There can be many short-term assignments, some long-term assignments.

Your purpose will fit into all your assignments and your callings.

For example: *My life purpose is to facilitate transformation.*

I love change. I need change. My “doing” flows from my “being.”

There are many areas of my life where I manifest my God-given purpose (to bring transformation) but those areas are not my purpose. They are my assignments, callings, and activities but not my purpose.

For example, I love to teach but teaching is not my purpose. I teach as a result of my God-given purpose to bring transformation by equipping people through my teachings. I teach in order to transform.

I preach. My preaching is an assignment. I preach that the message transforms people through the Holy Spirit.

I am also a business consultant. But business consultancy is not my life purpose. I consult to bring organisational transformation moving them from where they are to where they aspire to be.

I am a leadership coach. My leadership development is to transform men and women in their leadership journey from the level they are to the next level.

I am a mentor. My mentorship assignment is with a purpose to facilitate transformation in my mentees from where they are to what God created them to be.

I serve as a leader, evangelist in addition to being a husband and father but none of those are my life purposes – they are my assignments and are fuelled by my purpose and they are also vehicles through which my purpose flows.

I love driving. I love to go to lesser-known places. I love landscape and wildlife photography. None of these are my purpose. All these are what I like to do which stems out of my need to break from the routine. I like landscape and wildlife photography because a scene changes quickly. If you are not alert, you will miss a perfect sunrise moment or a bird in flight or an animal making a kill. Because I love photography, if I am given an assignment to shoot a model or an important person or a church service, I will not enjoy that. The same is true for trying unfamiliar routes while driving or avoiding places where tourists go.

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My assignments and my callings

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Based on the five keys of the previous session, write out three possible options that identify your purpose:

1. _____

2. _____

3. _____

Which one of these stands out the most to you?

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